



# 1<sup>ST</sup> ANNUAL INK 5K



**LET'S LIGHT THE WAY**

JUNE 5<sup>TH</sup>, 2014 @ Horse Fair Park, Spring Grove, IL

CHECK IN TIME 5:00PM  
RACE BEGINS AT 6:30PM

\$15 ADULTS/KIDS 6 and OVER  
KIDS 5 AND UNDER ARE FREE ☺  
\$50 FAMILY

(Register by May 15th to guarantee a t-shirt)

PROCEEDS FROM OUR WALK WILL HELP MANY PEOPLE, ANIMALS, KIDS IN NEED  
AS WELL AS LOCAL ORGANIZATIONS AND CHARITIES SUCH AS;

Comets Football	RBBA
Run for Randy	NMS INKredible Outdoor Classroom
The Yoga Effect Special Needs Classes	Helping Paws
Jake Vinyard Memorial Fund	Blue Lotus Temple
Cystic Fibrosis Charities	RBCHS Rocket Code
Mainstay Therapeutic Riding Center	Local families in crisis
Chicago Polar Plunge for Special Olympics	
American Foundation for Suicide Prevention	
Turning Point Battered Women's Shelter	
Maestro Cares to help build an orphanage in Dominican Republic	

**TO REGISTER**

Go to [www.isakranzfoundation.com](http://www.isakranzfoundation.com)

**OR**

**On Facebook Isa Kranz Foundation**

**Print form and mail in or drop off by May 21<sup>st</sup>**

(Race day registration available but please register early if possible)

\*We encourage competitive and recreational runners, walkers, families, stroller pushers, leashed pets, teams and individuals to participate. Feel free to wear a team jersey or costume to show your unity.

Raffle tickets for gift baskets are \$1/each, prizes awarded at  
8pm race day