



Isa Kranz Foundation

isakranzfoundation.com

is hosting the

10th and Final

INK 5K

***Saturday*, June 15th, 2024**

Check in begins 8:00AM

Race Time 10:00AM sharp!

Richardson Adventure Farm

909 English Prairie Rd

Spring Grove, IL

Adventurefarm Bouncing Pillows

Massive Hill Slide

Children's bounce house!

Dozens of Raffle Prizes!

Live DJ & music, face painting

Old-School Comet's coaches on the grill!

The race t-shirt* free with early registration

Register early to help guarantee your shirt.

To REGISTER, download forms or register online-at

www.isakranzfoundation.com

Promoting mental health awareness and making the world a better place

*This year (2024) is our 10th and final INK 5K race.

If you or your organization is interested in hosting your own 5K event, we can help with any information we have learned over the years.